

LUNCH MENU

		WEEK 1	WEEK 2	WEEK 3	WEEK 4
Monday (Beef)	Starter Main Course Main Vegetarian Dessert	Green Peas Meatballs in Tomato Sauce, Steam Rice Falafel Balls in Tomato Sauce, Mashed Potatoes Koala Blueberry muffin	Cheese And Crackers Pepperoni Pizza, Salad of the day Margarita Pizza, Salad of the day Koala Vanilla Cookies	Roasted Courgetti Beef Burger, Sweet Potato Wedges Vegetarian Burger, Sweet Potato Wedges Koala Strawberry Muffin	Steamed Baby Carrots Char Siu Beef with Gravy, Steamed Rice Char Siu Tofu with Vegetables, Steamed Rice Koala Honey Oat Cookies
Tuesday (Chicken)	Starter Main Course Main Vegetarian Dessert	Cucumber Sticks Chicken breast with Steamed Broccoli and Mashed potatoes Soya bean Vegetable Stew, Steamed Rice Yogurt with Strawberry Compote	Roasted Pumpkin Asian Orange and Honey Chicken, Stir Fry Rice Cauliflower & Chickpea Curry, Stir Fry Rice Yogurt with Apple Compote	Cherry Tomatoes Glazed Chicken Thighs, Rice Cauliflower Gratin Focaccia Bread Yogurt with Pear Compote	Sweet Potato French Chicken Stew Sauce Blanc, Couscous Chickpeas Moroccan Vegetarian Couscous Yogurt with Mango Compote
Wednesday (Pasta)	Starter Main Main Vegetarian Dessert	Edamame Beans Pasta Bar served with Choice of Chicken Ragu, Tomato Sauce or Bechamel Sauce Fruit of the Day	Steamed Garden Vegetables Pasta Bar served with Choice of Pink Sauce, Tomato Sauce or Bechamel Sauce Fruit of the Day	Steamed Sweet Corn Pasta Bar served with Choice of Ratatouille sauce, Tomato Sauce or Bechamel Sauce Fruit of the Day	Steamed Cauliflower Pasta Bar served with Choice of Mushroom Sauce, Tomato Sauce or Bechamel Sauce Fruit of the Day
Thursday (Theme day)	Starter Country Day Main Vegetarian Dessert	Mozzarella Sticks Lasagna, Salad of the day Vegetarian Gnocchi Sorrentino, Salad of the day Tiramisu per Bambini	Veg Samboussek Lebanon Oven Baked Chicken Potato With Vermicelli Rice Lebanese Green beans Vermicelli Rice Mohallabia with Raisins	Steamed Vegetables Beef Steak, Yorkshire Pudding, Mashed Potatoes Vegetarian Wellington, Mashed Potatoes Sponge Cake with Lemon Custard	Swiss Vegetable Casserole Emince de Poulet, Tagliatelle Pasta Swiss Zucchini Boats, Tagliatelle Pasta Strawberry Swiss Roll

